

FOR IMMEDIATE RELEASE
June 2, 2009

Sutter Regional Medical Foundation
Sy Neilson
707-554-5123
neilson@sutterhealth.org

Free Breast Feeding Lecture

Vallejo, Calif.—Sutter Regional Medical Foundation will be offering a free lecture to the community on breastfeeding and what's best for baby. Board certified OB/GYN Specialist Anat Sapan, M.D., will discuss the benefits and challenges of breastfeeding and tips for nursing moms returning to work.

In addition to the lively and informative lecture, Dr. Sapan will follow up with an Ask the Physician session immediately after the lecture—moms or expectant mothers will be invited to ask questions and will get answers right from the expert. She will also be on hand after the event to chat and interact with attendees for any private questions they may have.

All are welcome to come and enjoy the lecture, the Ask the Physician session and free health and wellness information, giveaways and light refreshments. All are invited to attend free of charge. Space is limited, so please RSVP to Diana Diaz at diazd2@sutterhealth.org or call 707-428-2747.

Location, Dates, Times

The lecture will be held at Sutter Regional Medical Foundation, 100 Hospital Drive, 2nd Floor, Vallejo, CA 94589 on Tuesday, June 9 at 6:30 p.m.

About our Speaker

Dr. Sapan provides gynecological, obstetrical, urogynecological and prenatal care services to female patients in Vallejo. Her practice utilizes both preventive and diagnostic services for a wide-range of OB/GYN conditions, as well as the latest treatment technologies.

Dr. Sapan received her undergraduate degree from the University of Michigan and her medical degree from Ross University School of Medicine in Dominica. She completed an internship at Henry Ford Hospital in Detroit and residency at Baylor College of medicine in Houston. She is on staff at Sutter Solano Medical Center and is a member of Solano Regional Medical Group, the multispecialty doctors' group affiliated with Sutter Regional Medical Foundation.

In addition to providing routine obstetrical and gynecological services, Dr. Sapan has a special interest in urogynecological care. She is comfortable with the complexities of treating problems like prolapsed bladder and urinary incontinence, utilizing both surgical and nonsurgical methods.

“I enjoy having the opportunity to change patients' lives for the better. Many women think they have to live with problems like prolapsed bladders and urinary incontinence, but there are medical and surgical ways to treat those issues.”

About Sutter Regional Medical Foundation

Sutter Regional Medical Foundation is a locally governed and managed affiliate of Sutter Health, a not-for-profit network of physicians and hospitals in Northern California. SRMF is affiliated with Solano Regional Medical Group, Solano County's largest multi-specialty physician practice that has served the community for more than 50 years. SRMF offers professional, high-quality and compassionate care from care centers in Vacaville, Vallejo, Fairfield, and Rio Vista, all in California, and is fully accredited by the Institute for Medical Quality.

Sutter Health is one of the nation's leading not-for-profit networks of community-based health care providers, delivering high quality care to more than 100 Northern California communities. Sutter Health has relationships with more than 3,600 physicians and is the regional leader in infant deliveries, neonatology, orthopedics and pediatric services. Sutter Health maintains medical foundation clinics in 11 Northern California counties.

###